

NEW HORIZONS NEWS

October Issue | Date: October 1, 2016

NIGHTHAWKS FIRST VOLLEYBALL TOURNAMENT A HUGE SUCCESS!

New Horizons hosted our first ever volleyball tournament on September 30 and October 1.

Teams from Holy Spirit, Holy Cross, Westmount, Vegreville, Edmonton Islamic Academy, Holy Redeemer and Fultonvale along with our own New Horizons Nighthawks all came out to participate in both Girls and Boys Volleyball matches over two exciting days.! Both the girls and boys team came away from the tournament in 2nd place! Go Nighthawks!

Thanks to Mr. Craig and Ms. Wygiera for organizing and coaching the teams and thanks to Mrs. Hamilton for organizing the Jr. High concession/ bake sale!



READ-IN WEEK AT NHS!

New Horizons is participating in national Read-In Week again this year from October 3-6. We have a number of exciting activities planned for the week! Thanks to Miss Joly and Miss MacKinnon for planning the activities this week and to all our volunteer readers!

Activities include:

October 3-Open the Door to Reading-Classs will decorate their classroom door to represent a book or book series!

October 4 & 5-Guest readers will read to some of the classes at NHS!

October 6-Pajama Day-Kids will curl up with a good book and participate in some buddy reading!

KEY DATES

October 3-6: Read-in Week

October 5: Early Dismissal @ 2:14-Students should wear House Colours

October 6: No Buses -Buses will not be running but school will be in session .

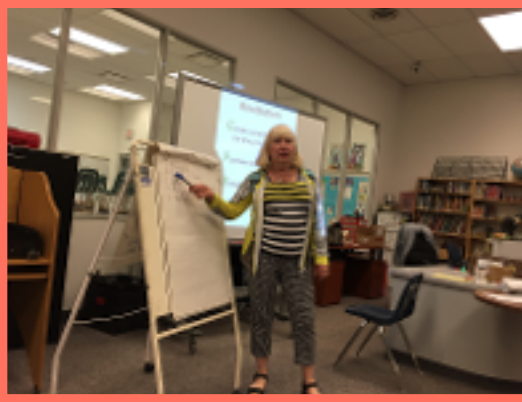
October 7: PD-No School

October 10: Thanksgiving-No School

October 12-14: Dance with Dani-Our artist-in residence will be here to work with grades 4-9. K-3 will have their time with Dani in the spring.

October 31: Hallowe'en-Students can wear costumes and participate in some school-wide activities.

November 1 & 2: Parent/Teacher Interviews-Details will come home later in October.



RESTITUTION AT NHS

Restitution Training

On September 15 and 16, the New Horizons School community had the fortunate opportunity to listen to Diane Gossen, author of the Restitution Self Discipline (RSD) approach about strategies to use when responding to students and their sometimes poor choices of behaviors. RSD, an approach developed by Ms. Gossen, is being used in schools across Canada and indeed around the world.

Over fifty parents showed up at the parent night on September 15. Ms. Gossen spent much of the evening elaborating on some key Choice Theory ideas – ideas upon which the RSD model is based. One of the key concepts she explored was *needs*. We know when our needs aren't being met, we are motivated into action. That action is our behavior. Sometime our behavior results in getting that need fulfilled, but sometimes that behavior infringes on the needs of others. These types of behaviors are those we would generally label as “misbehavior.”

Ms. Gossen went on to explain that we can respond to others and their misbehavior from five different perspectives or positions of power. The “punisher,” the “guilter,” the “buddy,” and the “monitor” are all external means of responding to the behavior of others so that they act in ways that we want. RSD maintains that if we want our students to be internally driven – to behave in ways that are personally beneficial for self and beneficial for others, a fifth approach needs to be taken. She identified that approach as the “manager.”

RSD approaches and techniques are those used by the “manager.” Such approaches are intended to help students and others become thinkers and evaluators of their own behavior as they interact with others.

On the next day, September 16, Ms. Gossen spent the day with the staff reviewing similar concepts that were shared on parent night, but she went into greater depth with Choice Theory concepts and shared a host of techniques that we can start to *create the conditions* necessary for the RSD approaches to begin.

Parent Information Series

Over the next few months, Ted Zarowny will be sharing more information relating to RSD in a Parent Information Series that will be a component of each school council meeting. They will last 20 to 30 minutes.

At the next School Council meeting on October 13, parents will be introduced to Choice Theory. Since the Restitution Self Discipline approach is grounded in Choice Theory, it would be valuable to have a general understanding of it.

ANNOUNCEMENTS

School Fees are now Overdue

If you have not paid, fees may be paid to the office by cash, credit card or cheque to New Horizons School.

End of Day Pick Up

To minimize disruptions for students at the end of the day, please avoid entering the school before 3:05 unless early pick-up has been arranged.

Please also note that due to safety concerns, students will not be allowed to play after school in the playground unless his/her parent or guardian is present to supervise! Students not picked up at the kiss and go area will be waiting in the front foyer for a ride.

House Colour Day October 5

Students can earn points for their house team by wearing their house colours next early dismissal day .

Teachers will inform students about house placements!

SOMETHING IS FISHY AT NHS

The learning commons has some new underwater residents thanks to the Hight family. Mackenzie (grade 4) and Olivia (Kindergarten) Hight and their family generously donated a 90 gallon tank and 8 fish that has been set up in the learning commons for the NHS community to enjoy!

CROSS COUNTRY

The Nighthawks cross country team has competed in the Sherwood Park X-Country Series, running races against students from both Elk Island Catholic and Elk Island Public Schools. Thanks go out to Mr. Wilde for coaching the team!



Nighthawks Cross Country team (from left): Alyse R., Tristan M., Roshan H., and Logan C. Missing: Syed H.

ACL MEANS F-U-N

Active Community Living (ACL) is an option for Jr. High students at New Horizons that gives students the opportunity to try a variety of unique activities in the community to promote a healthy and active lifestyle!

The class is off to a great start already with students going on two outings already this year—one to the River Valley for a Segway tour and the second was to play some Monster Mini Golf!

On Friday, September 30, the community came to NHS with students in ACL playing Bubble Soccer in large wearable bubble suits!

Other upcoming activities include archery, wall climbing and zip lining!

NEW HORIZONS STUDENT COUNCIL HARD AT WORK AGAIN

New Horizons Student Council is made up of students from grades 3-9 to plan and organize school-wide activities for the student body. The group meets weekly with Mrs. Hamilton to come up with fun ways for students to get involved at NHS and show some school spirit.

We recently held our elections for the the 2016-2017 school year! The results are as follows:

President-Rory Karbonik

Vice President-Roshan Hassan

Treasurer-Josh Baldwin and

Secretary - Marcella Lafreniere.

Each class from grades 3-9 also has a representative on student council to help share ideas from across the grades.

Our class reps for this year are:

Grade 9 - Courtney Lazaruik,

Grade 8- Georgia Hawkins

Grade 7 - Lily Fenniak.

Grade 6 - Will Cretney

Grade 5 - Hailey Kwasniewski

Ms Wygiera's and Ms Vigfusson's Grade 4 -Bella Groten

Mrs. Asquini's Grade 3/4- Jaron Van Vooren

Mrs. Panas' Grade 3- Vanja Radisavljevic



ACL class being trained on Segways! (from left): Segway Tours Instructor, Quain p., Savannah H., Josh B., Lexis P., Tyler D., Jake C.,Rory K.



ACL class playing Bubble Soccer!