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#### IMPORTANT DATES

#### MONDAY, SEPTEMBER 21 • PICTURE DAY

FRIDAY, SEPTEMBER 25 •PROFESSIONAL DEVELOPMENT DAY (students not in attendance)

**THURSDAY, SEPTEMBER 24** 

• TERRY FOX RUN • PEP RALLY

WEDNESDAY, SEPTEMBER 30 • FANHS Meeting @ 6:30 p.m. at the school.

**THURSDAY, OCTOBER 8** 

 Special General Meeting of the New Horizons Charter School Society @ 7:00 p.m.

TUESDAY, OCTOBER 13 • School Council Meeting @ 6:30 p.m.

## New Horizons Nighthawks

First Ever League Game Begins With Volleyball

New Horizons junior high students received their first taste of extra curricular activities in our new school with the first volleyball practice and the First Reach For The Top practices held two weeks ago.

The twelve junior high girls on the team have been working hard as coaches Onnolee Nordstrom and James Schnepper didn't waste any time getting our upstart team into practice mode.

We recently learned that we have been welcomed into the Elk Island Catholic Schools (EICS) league. Ten volleyball games have been scheduled between now and the fall break. Our first

> New Horizor

> > School

game is at Holy Spirit Catholic School at at 4:00 p.m. on September 24 against the Holy Spirit Heat. Our very first home opener is on Tuesday, September 29 at 4:00 p.m. Come on out and cheer on our Nighthawks!

A huge thank you is extended to Elk Island Catholic Schools for inviting us into their league The invitation extends to other school sports such as basketball and badminton.

Thank you to the coaches for sharing their time and expertise. Thank you also to Lisa Hutchison for acting as teacher sponsor.





#### OUR SOCIAL CONTRACT

Our school is a place of learning. It is a place where we treat each other with respect and honesty. It is a place where we play in a way that is safe and fair.

www.newhorizons.ab.ca

## Reach For the Top

Invitation to Participate Extends to Grade 6

An invitation has been extended to grade six students to participate in our after school Reach for the Top team.

Reach For the Top is an interactive quiz game designed to be fun and challenging. Teams of four students compete with each other with a "reader" and a judge overseeing the competition.

The game is a series of different styled questions that

interact quickly. Team members come with their own specialized knowledge to help answer a broad range of questions for his or her team.

Alberta has three levels of competition: Senior (Gr. 11 & 12), Intermediate (Gr. 9 & 10) and Junior (Gr. 7 & 8). Younger players are allowed to compete with the older levels.

A strong contingent of teams exist in the Edmonton area, and if we are able to form a team, NHS would be in the Edmonton Metro League.

We practice weekly until February/April when league playoffs begin.

Intermediate and junior teams advance as high as a

provincial tournament, while senior teams advance to a national competition.

This year's provincial tournament is in Edmonton (Ainly High School) on Saturday, April 23.

NHS teams Teams practice every Thursday after school from 3:30 to 5:00 p.m. Alex McPhee, former NHS student, has been to the national competition twice with Old Scona, and he will share his expertise with our team as coach. The teacher sponsor is Mr. Zarowny.

Students can still signup by contacting Mr. Zarowny.

#### Nut Aware School Some things to consider.

Many students in our school have a life-threatening anaphylactic response to tree-nuts and peanuts. Therefore, we have made ourselves a nut-aware school.

As a nut aware school, we cannot guarantee that students or others do not have food products that contain nuts or peanuts in their school snacks and lunches.

However, we do ask that everyone adheres to the following to make our school safe:

- Do not pack food for your child's lunch or snack that contains nuts or peanuts.
- When bringing in snacks for classroom parties or other events, please choose nut-free products.
- When bringing in home-made food products for bake sales or classroom events, please make them nut-free and label the items with the ingredients.

Thank you for helping to keep our school safe for our students.

## **Volunteering At NHS**

If you wish to volunteer at NHS, you will be required to complete a Volunteer Registration Form. This form must be completed annually.

Unlike lunch supervisors, general volunteering at NHS does not require a criminal record check.

We urge all parents to complete the registration. By registering, you can help out with

- classroom field trips
- hot lunch days
- teacher or classroom help
- special event days
- etc.

<u>Click Here</u> for the Volunteer Registration Form.

#### Special General Meeting of the New Horizons Charter School Sociey

Thursday, October 8 @ 7:00 p.m.

#### Lunch Supervisors Needed

Thank you for those who are helping us out with lunch supervision. We value the help you are providing.

We can still use more help, especially at grades three and up. If you are able to help us out, please submit an application.

<u>Click Here</u> for an application.

# Interested in Aviation?

For those of you who have kids or work with kids, there is an important aviation event for kids happening Saturday, September 26th at the Westlock airport.

https://www.facebook.com/ events/1898246490401336/

If you know a child aged 8-17 who is fascinated by aircraft and flight, come and see us the last Saturday in September 2015. They'll have the chance to learn more about airplanes, aviation, and best of all, go for a short flight in the Westlock Area - completely free!

Sobeys in Westlock will be donating lunch for all of the kids who participate in COPA for Kids! The event runs from 10 AM to 2 PM.

If you'd like more information, feel free to post any questions on the event page, or you can contact Dan Charrois at dan@syz.com or 780-961-2213.

#### **Drama Donations Wanted**

Here at New Horizons we are excited to have the space to offer a Drama option for our Junior High students this year.

Drama students in each semester will work their way through units of Movement, Speech, Acting/Improv, Technical Theatre and Theatre Studies.

Semester 2 will culminate with a production on our stage in the gymnasium lasting several performances that friends, family and the community are welcome to attend.

That being said, we need to work hard as actors to build our skills and abilities, and as a school community to build our supply closet before we can do that - and we need your help to get there.

The Drama Class is looking for donations for items that can be used as set pieces, props and costumes. Also, we are looking for CD players, speakers and CDs with a variety of music on them (especially show tunes!). Lastly, if anyone has any carpentry skills and would be willing to donate their time to construct some simple set pieces, it would really help take our Drama program to the next level!

Any possible donations should be approved by the Drama teacher before they are dropped off at the school. Please email Lisa Hutchison at lhutchison@newhorizons.ab.ca to get any donations approved before you bring them to the school.

Your help and donations will be highly appreciated by the staff and students at New Horizons. The following is a short list of items that the Drama class could make use of this semester:

- 6 portable CD players
- old CDs (especially any with show tunes or musicals)
- gently used suit jackets (for boys)
- gently used dresses
- hats
- gloves (formal gloves, leather gloves)
- scarves
- a park bench

Again, please email Lisa Hutchison at

lhutchison@newhorizons.ab.ca if you have any of these items that you might want to donate. Thanks in advance for all of your support.

### Mental Health Review: An Invitation From the Deputy Minister of Education

I would like to provide you with an important update regarding Alberta's Mental Health Review, which was announced by Honourable Rachel Notley, Premier of Alberta, in June 2015. The review is co-chaired by MLAs Dr. David Swann and Danielle Larivee. Tyler White, CEO of Siksika Health Services, which is affiliated with Treaty 7 Management Corporation, recently joined the Mental Health Review as a third committee member.

The Mental Health Review will look at all parts of Alberta's addiction and mental health system, with the goal of improving the lives of Albertans who are facing addiction and mental health challenges.

The scope of the review focuses on:

• increasing access to addiction and mental health services, including school-based mental

health programs, community-based programs and preventative services;

- in-patient support services;
- addiction;
- geographic challenges; and
- ensuring services are inclusive of and culturally appropriate for Alberta's diverse population.

Albertans and stakeholders are invited to provide input into the review and identify opportunities in the addiction and mental health system for improvement. I encourage you to participate by completing the online questionnaire at www.health.alberta.ca/initiatives/Mental-Health-Review.html. The questionnaire is open until Friday, October 23, 2015, and the report and recommendations will be presented to government by the end of the year.

I appreciate you sharing your feedback and insight.

Sincerely,

Lorna Rosen Deputy Minister of Education

#### **PICTURE DAY**

MONDAY, SEPTEMBER 21

## Professional Development Day

FRIDAY, SEPTEMBER 25

Students Not In Attendance

### Terry Fox Run & Pep Rally

The NHS Terry Fox Run will be held on Thursday, September 24 at the school. We will begin the run at 2:00 p.m.

We are requesting that all students bring in a loonie (perhaps a toonie?) to support the valuable work of the Terry Fox Foundation.

Following the run, we will enter the gym to formally introduce the members of the girls Nighthawks volleyball team.

The pep rally will serve to wish the girls well on their first game as Nighthawks.